

The 11 habits tracker

AI Consultant

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Two layoffs and a couple of failed SaaS attempts taught me these 11 habits the hard way. This tracker turns them from something you read once into something you actually work through, one box at a time.

WHY THESE HABITS

No CS degree, no connections, just a mechatronics background and a laptop. Two layoffs and a couple of failed SaaS attempts taught me the habits that actually move things, not the advice everyone repeats.

If you are 20 to 25 and thinking about a career in tech or AI, these are the 11 I wish someone had handed me at 20.

THE 11 HABITS

Check one off only once you have actually put it into practice, not just after reading it.

- ☐ Build something small every week, even if nobody sees it
 - ☐ Learn by breaking things instead of only following tutorials
 - ☐ Document everything you build, it becomes your portfolio and your content
 - ☐ Get comfortable being the least experienced person in the room
 - ☐ Stop waiting for a certificate, ship the work and let it speak
 - ☐ Pay attention to the boring repetitive tasks, that is where automation ideas come from
 - ☐ Talk to people already doing what you want to do, ask direct questions
 - ☐ Ship before it feels ready, perfect never comes
 - ☐ Track every skill you pick up, it compounds faster than you think
 - ☐ Say no to comfort work that is not moving you forward, even if it pays
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☐ Treat every rejection or layoff as data, not a verdict on you

NEXT STEP

If one of these habits hit especially close to home, that is usually the one worth building a real plan around.

[Book a free call](#) and we can figure out what that looks like for you.

WORK WITH ME

Business owner looking to automate?

Book a free 30-minute discovery call. We'll pressure-test fit, scope, and what to build first.

hexgarcia.com/free-call

Questions? Reply to the newsletter or reach out via email.

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